# HANDSTANDS & HULA HOOPS

# Information

# **CLASS PRICES**

ANNUAL REGISTRATION \$50 MONTHLY TUITION \$70 2<sup>ND</sup> CLASS OR FAMILY MEMBER \$60 PRIVATES 50 MIN \$60/ 25 MIN \$30

## **PAYMENT INFORMATION**

Tuition is due by the 5<sup>th</sup> of each month to avoid a \$10.00 late fee. Tuition is based on a 4-week month, tuition will be prorated for students registering with less than 4 weeks left in the month. H&H accepts cash, check and credit/debit cards. Pay Pal invoices can be emailed for your convenience if preferred.

Sign up to pay quarterly and the registration fee will be credited to the 4<sup>th</sup> quarter that student is enrolled. This is a discount for paying quarterly and being enrolled for the full 12 months of the year.

H&H will be closed a week for spring break, the week of 4<sup>th</sup> of July and the 2 weeks during the Christmas and New Years holidays. Tuition is based on a 4-week month and there are 4 extra weeks in the year to make up for these closed weeks, 205 W. Scott St. Gilmer, Tx. 75644 903-680-4667

### MICHELLE MILLER 27 YEARS EXPERIENCE

CHERYL BLUNDELL 27+ YEARS EXPERIENCE

#### **CLASSES OFFERED**

Mom and Me motor skills development (walking to 3) Mom must attend class with child. This is an open class with light instruction and spotting done by parent.

Pre-school gymnastics classes (ages 3 to 5). The pre-school gymnastics class is strength and skill building class.

Gymnastics classes for ages kindergarten (5/6) and up. Classes available in beginner, intermediate and advanced.

Privates in 50 or 25 minute time slots

**Play groups and Homeschool groups** 

Flip for Fridays-- Open Gym time, call or check calendar for dates

**Birthday Parties** 

### **CLASS POLICIES AND PROCEDURES**

Students hair should be up in a ponytail or bun. Do not wear jewelry, hair bows with metal hardware or bobby pins. Leotard or fitted clothing is best for learning skills correctly and for the spotting of skills.

Class instruction is 50 min long, students may use the 10 min after their scheduled class time to practice, show parents what they learned in class or play. Students coming in for class will need to wait in the waiting room for their scheduled class time and will have their 10 min. free time at the end of scheduled class time.

Parents please use the 10 min between classes to ask questions and make payments so that H&H instructors can give their undivided attention to the class for the full 50 min. For safety reasons please do not enter the instruction area during class time.

Children under 6 will progress faster if Parents are not visible. Please do not help the instructors teach, there are progressions that gymnastics follows to ensure that skill are done safe and with correct technique. A student cannot perfect every element of a skill in one class. We will spot skill and allow students to practice skills without a spotter, this is important for the student to get stronger and trust in oneself

A 30 day is required when dropping from our roster and remove student from the billing cycle.